

Mental Health Referral List

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Aquia Therapy & Counseling

305 Hanson Ave, Ste 170
Fredericksburg, VA 22401
540.361.4330

OR

385 Garrisonville Rd, Ste 113
Stafford, VA 22554
540.657.1228
www.aquiacounseling.com

Behavioral Health Care of Fredericksburg

312 Progress St, Ste 200
Fredericksburg, VA 22401
540.310.0797
www.bhfredericksburg.com

Catholic Charities Family Services

1101 Stafford Avenue
Fredericksburg VA 22401
540.371.1124

OR

3130 Jefferson Davis Hwy
Stafford, VA 22554
540.371.1124
www.cdda.net/programs_fredericksburg.php

Child and Family Counseling

13649 Office Place, Ste 102
Woodbridge, VA 22192
703.670.5738
www.cfcc.info/

Psychological and Life Skills Associates

601 Jefferson Davis HWY, Ste 101
Fredericksburg, VA 22401
OR
13885 Hedgewood Dr., Ste 245
Woodbridge, VA 22193
703.490.0336
www.psychlife.net

Psychiatric Assessment Services

2601 Princess Anne St, Ste 101
Fredericksburg, VA 22401
540.368.3030

Specializes in children, adolescents, ADHD, behavioral issues, anger management, and eating disorders.

Lavonne Rodgers, 7+

Nadine Lupton, 10+

Gary Lupton, 12+

Tammy George, 15+

Psychological testing services, for issues such as ADHD, adjustment problems, learning problems and custody issues. Psychological services to individuals with chronic pain, brain injuries and other physical issues. Accepts most insurance, including Medicaid.
**Roy, Jarnecke, Ph.D., LCP; Debbie Jockin, LCSW
Katherine Stutzman, PhD.**

Specializes in children 4+. Offers counseling, testing/assessments for ADHD, learning disabilities, IQ/ability. As well as care for depression, anxiety, family trauma, adoptions and behavioral issues.

Specializes in children, adolescents, ADHD, depression and anxiety. Counsels and prescribes medication.

**Renee Burdette, MD ; Katherine Harlan, Ph.D.
James Crist, Ph.D.**

Psychological testing for learning disabilities, ADHD, behavior, depression, anxiety, and other mental health concerns.

Provides psychological testing and therapy for children ages 4+. Does not prescribe any form of medication.

June Wright-Good, Ph.D.

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RACSB

600 Jackson St.
Fredericksburg, VA 22401
540-373-3223
<http://www.racsb.state.va.us/>

Counsels children and adolescents.
Dr. Young
TK Reese, MD (13+)

Stafford Family Counseling

11 Hope Rd, Ste 213
540.658.0888
<http://www.staffordfc.com>

Psychological testing for children of all ages.
Including ADHD.

Mental Health Resources

412 Chatham Square, Ste 201
Fredericksburg, VA 22405
540.899.9826
www.mentalhealthresourcespc.com

Specialty office for ADHD, depression, anxiety, eating disorders, and counseling.
Dr. Pasternak, Ph.D.; Carl Ackerman, MSW;
Susan Reeves, PsyD;
Barbara Deal, MA, MSW, LCSW (12mo-5yr)

Virginia Smith, Ph.D, PLLC

380 Maple Ave West, Ste 303B
Vienna, VA 22180
703.938.5234, Option 1

Assessment for learning disabilities, ADHD, emotional and behavior problems in children and teenagers. Also provides parent training.

Mindful Health

4528 Plank Rd.
Fredericksburg, VA 22401
540.845.6940
Mindfulhealthva.com

ADHD/ADD, learning disabilities, gifted, intellectual disability, Autism/Asperger's, school related counseling. Accepts Medicaid.

Tucker Psychiatric Clinic

1000 Boulders Pkwy #202
N. Chesterfield, VA 23225
804.320.7881
Tuckerpsychiatric.com

Treats general psychiatric disorders such as depression, panic disorder, anxiety disorder, bipolar disorder, ADD/ADHD, eating disorders, chronic mental illness, substance abuse and other psychiatric disorders.

Aracoma Smith, LCSW, PLLC

3715 Latimers Knoll Ct. Ste 106
Fredericksburg, VA 22408
540.361.1844
www.aracomasmith.com

Specializes in children age 5 and older & adolescents, ADHD, behavioral issues and behavioral problems.

Center for Family Counseling

307 Lafayette Blvd, Ste 202
Fredericksburg, VA 22401
540.361.1556
www.centerforfamilycounseling.com

Specializes in individual, teen and family counseling services.

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Compass

10707 Spotsylvania Ave, Ste 102
Fredericksburg, VA 22408
540.339.3640
www.compassnova.com

Intensive in-home therapy service that specializes with children ages 4-18 with difficulties at school and/or home, grief or loss, neglect or abuse.

Fredericksburg Psychological Services

1119 Caroline St.
Fredericksburg, VA 22401
540.371.2251
www.fredpsych.com

Specializes in children, adolescents, abuse issues, mood and anxiety disorders, psych testing and counseling.

Child and Adolescent Psychological Services

4607 Harrison Rd.
Fredericksburg, VA 22192
703.670.5738

Psychological services for children of all ages. ADD/ADHD, writes no prescriptions.

Jannon Holmes, LCSW

540.370.4596

Karen Brown, LCSW

1320 Central Park Blvd.
Fredericksburg, VA 22401
540.785.5759

Children 8+ and adolescent adjustment issues, adoption, anxiety, grief, mood disorders, stress management, trauma, and play therapy.

Thrive

2124 Jefferson Davis Hwy, Ste 103
Stafford, VA 22554
540.602.7266
www.thrivestafford.com

Provides psychological testing and counseling for children and teens including those with hearing disorders.

Kimberly S. Harris Kennedy, LPC, LLC

2217 Princess Anne St, Ste 315
Fredericksburg, 22401
540.273.6859
www.kimberlysharrisllpc.com

Specializes in counseling for individuals, couples, and families.

Mental Health America of Fredericksburg

2217 Princess Anne St, Ste 104-1
540.371.2704 or 800.684.MHAF
<http://mhafred.org>

Free community programs and services.

New Hope Psychiatry, PLLC

3715 Latimers Knoll Ct, Ste 103
Fredericksburg, VA 22408
540.357.7101
www.newhopepsychiatry.com

Specializes in children 7+, adolescents, and ADHD evaluations.

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Mike Fray, Ph.D.

2636 Caroline St.
Fredericksburg, VA 22401
540-899.7762

Specializes in children and adolescents.

Kids Helping Kids – through hospice support

1701 Fall Hill Ave
Fredericksburg, VA 22401
540.361.7071

Free of charge service to benefit children who have lost a loved one.

Liberty Point

111 Montgomery Ave.
Staunton, VA 22401
800.796.7941 or 540.213.0450
www.libertypointstaunton.com

Treatment center for children ages 13-17 with Axis I psychiatric diagnosis, and unmanageable behavioral symptoms which interfere with functioning.

VCU Medical Center

804.828.3129 or 804.828.2000
Toll Free: 800.232.0901

Medical Psychiatry Services for children and adolescents.

Vibrant Life Nutrition

540.847.7706
www.LVNutrition.com

Specializes in eating disorder and overweight management for children.

Kelley Raetzch, RD.

Virginia Treatment Center for Children

515 North 10th St. PO Box 980489
Richmond, VA 23298
804.828.3129

Inpatient and Outpatient care for family and individual therapy. Also offers specialty clinics for mood and developmental disorders.

Susan Pillsbury, M.D.

5875 Bremono Rd. #700
Richmond, VA 23226
804-673-9600

Pediatrician that is a certified ADOS examiner and also works with learning disabilities.

Dr. Manish Soni

West End
Richmond, VA
804-270-1124

Depression, social-anxiety, intense worries, attention/focus problems, adjustment problems and other mood problems, psychiatric assessment, medication management, as well as individual therapy.

Pediatric Partners for Attention & Learning

15 Upton Ln.
Stafford, VA 22554
540-628-4145
www.pp4al.com

Clinic that specializes in Autism, Attention Deficit, and learning disabilities.

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Lisa Fleming, LPC, LLC

2217 Princess Anne St, Ste b10

Fredericksburg, VA 22401

540-907-2066

LFlemingLPC@hipaamail.us

Licensed professional counselor who works with adolescents (14+), adults, and couples that may be presenting with a variety of different challenges such as mood disorders, grief and loss, anxiety, ADHD, and other circumstances.

12.13.16