Mental Health Referral List
Please call the number listed below to make an appointment with the appropriate doctor. It is the patient's responsibility to verify insurance participation. If your insurance requires a referral notify our office by phone or visit our website at www.preferredpediatrics.com and select contact us. If 48 hour notification is not given referral may NOT be processed.

Aquia Therapy & Counseling
305 Hanson Ave, Ste 170
Fredericksburg, VA 22401
540.361.4330
OR
385 Garrisonville Rd, Ste 113
Stafford, VA 22554
540.657.1228
www.aquiacounseling.com

Behavioral Health Care of Fredericksburg
312 Progress St, Ste 200
Fredericksburg, VA 22401
540.310.0797
www.bhfredericksburg.com

Catholic Charities Family Services
1101 Stafford Avenue
Fredericksburg VA 22401
540.371.1124
OR
3130 Jefferson Davis Hwy
Stafford, VA 22554
540.371.1124
www.ccda.net/programs_fredericksburg.php

Child and Family Counseling
13649 Office Place, Ste 102
Woodbridge, VA 22192
703.670.5738
www.cfcc.info/

Psychological and Life Skills Associates
601 Jefferson Davis HWY, Ste 101
Fredericksburg, VA 22401
OR
13885 Hedgewood Dr., Ste 245
Woodbridge, VA 22193
703.490.0336
www.psychlife.net

Psychiatric Assessment Services
2601 Princess Anne St, Ste 101
Fredericksburg, VA 22401
540.368.3030

Specializes in children, adolescents, ADHD, behavioral issues, anger management, and eating disorders.
Lavonne Rodgers, 7+
Nadine Lupton, 10+
Gary Lupton, 12+
Tammy George, 15+

Psychological testing services, for issues such as ADHD, adjustment problems, learning problems and custody issues. Psychological services to individuals with chronic pain, brain injuries and other physical issues. Accepts most insurance, including Medicaid.
Roy, Jarnecke, Ph.D., LCP; Debbie Jockin, LCSW
Katherine Stutzman, PhD.

Specializes in children 4+. Offers counseling, testing/assessments for ADHD, learning disabilities, IQ/ability. As well as care for depression, anxiety, family trauma, adoptions and behavioral issues.

Psychological testing for learning disabilities, ADHD, behavior, depression, anxiety, and other mental health concerns.

Provides psychological testing and therapy for children ages 4+. Does not prescribe any form of medication.
June Wright-Good, Ph.D.
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RACS
600 Jackson St.
Fredericksburg, VA 22401
540-373-3223
http://www.racs.state.va.us/

Stafford Family Counseling
11 Hope Rd, Ste 213
540.658.0888
http://www.staffordfc.com

Mental Health Resources
412 Chatham Square, Ste 201
Fredericksburg, VA 22405
540.899.9826
www.mentalhealthresourcespc.com

Virginia Smith, Ph.D, PLLC
380 Maple Ave West, Ste 303B
Vienna, VA 22180
703.938.5234, Option 1

Mindful Health
4528 Plank Rd.
Fredericksburg, VA 22401
540.845.6940
Mindfulhealthva.com

Tucker Psychiatric Clinic
1000 Boulders Pkwy #202
N. Chesterfield, VA 23225
804.320.7881
Tuckerpsychiatric.com

Aracoma Smith, LCSW,PLLC
3715 Latimers Knoll Ct. Ste 106
Fredericksburg, VA 22408
540.361.1844
www.aracomasmith.com

Center for Family Counseling
307 Lafayette Blvd, Ste 202
Fredericksburg, VA 22401
540.361.1556
www.centerforfamilycounseling.com

Counsels children and adolescents.
Dr. Young
TK Reese, MD (13+)

Psychological testing for children of all ages. Including ADHD.

Assessment for learning disabilities, ADHD, emotional and behavior problems in children and teenagers. Also provides parent training.

ADHD/ADD, learning disabilities, gifted, intellectual disability, Autism/Asperger’s, school related counseling. Accepts Medicaid.

Specializes in children age 5 and older & adolescents, ADHD, behavioral issues and behavioral problems.

Specializes in individual, teen and family counseling services.
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**Compass**
10707 Spotsylvania Ave, Ste 102
Fredericksburg, VA 22408
540.339.3640
www.compassnova.com

Intensive in-home therapy service that specializes with children ages 4-18 with difficulties at school and/or home, grief or loss, neglect or abuse.

**Fredericksburg Psychological Services**
1119 Caroline St.
Fredericksburg, VA 22401
540.371.2251
www.fredpsych.com

Specializes in children, adolescents, abuse issues, mood and anxiety disorders, psych testing and counseling.

**Child and Adolescent Psychological Services**
4607 Harrison Rd.
Fredericksburg, VA 22192
703.670.5738

Psychological services for children of all ages. ADD/ADHD, writes no prescriptions.

**Jannon Holmes, LCSW**
540.370.4596

Children 8+ and adolescent adjustment issues, adoption, anxiety, grief, mood disorders, stress management, trauma, and play therapy.

**Karen Brown, LCSW**
1320 Central Park Blvd.
Fredericksburg, VA 22401
540.785.5759

**Thrive**
2124 Jefferson Davis Hwy, Ste 103
Stafford, VA 22554
540.602.7266
www.thrivestafford.com

Provides psychological testing and counseling for children and teens including those with hearing disorders.

**Kimberly S. Harris Kennedy, LPC, LLC**
2217 Princess Anne St, Ste 315
Fredericksburg, VA 22401
540.273.6859
www.kimberlysharrisllpc.com

Specializes in counseling for individuals, couples, and families.

**Mental Health America of Fredericksburg**
2217 Princess Anne St, Ste 104-1
540.371.2704 or 800.684.MHAF
http://mhafred.org

Free community programs and services.

**New Hope Psychiatry, PLLC**
3715 Latimers Knoll Ct, Ste 103
Fredericksburg, VA 22408
540.357.7101
www.newhopepsychiatry.com

Specializes in children 7+, adolescents, and ADHD evaluations.
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<table>
<thead>
<tr>
<th><strong>Name</strong></th>
<th><strong>Address</strong></th>
<th><strong>Contact Number</strong></th>
<th><strong>Specialization</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mike Fray, Ph.D.</td>
<td>2636 Caroline St. Fredericksburg, VA 22401</td>
<td>540-899.7762</td>
<td>Specializes in children and adolescents.</td>
</tr>
<tr>
<td><strong>Kids Helping Kids – through hospice support</strong></td>
<td>1701 Fall Hill Ave Fredericksburg, VA 22401</td>
<td>540.361.7071</td>
<td>Free of charge service to benefit children who have lost a loved one.</td>
</tr>
<tr>
<td>Liberty Point</td>
<td>111 Montgomery Ave. Staunton, VA 22401</td>
<td>800.796.7941 or 540.213.0450 <a href="http://www.libertypointstaunton.com">www.libertypointstaunton.com</a></td>
<td>Treatment center for children ages 13-17 with Axis I psychiatric diagnosis, and unmanageable behavioral symptoms which interfere with functioning.</td>
</tr>
<tr>
<td>Virginia Treatment Center for Children</td>
<td>515 North 10th St. PO Box 980489 Richmond, VA 23298</td>
<td>804.828.3129</td>
<td>Inpatient and Outpatient care for family and individual therapy. Also offers specialty clinics for mood and developmental disorders.</td>
</tr>
<tr>
<td>Susan Pillsbury, M.D.</td>
<td>5875 Bremo Rd. #700 Richmond, VA 23226</td>
<td>804-673-9600</td>
<td>Pediatrician that is a certified ADOS examiner and also works with learning disabilities.</td>
</tr>
<tr>
<td>Dr. Manish Soni</td>
<td>West End Richmond, VA</td>
<td>804-270-1124</td>
<td>Depression, social-anxiety, intense worries, attention/focus problems, adjustment problems and other mood problems, psychiatric assessment, medication management, as well as individual therapy.</td>
</tr>
</tbody>
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Lisa Fleming, LPC, LLC
2217 Princess Anne St, Ste b10
Fredericksburg, VA 22401
540-907-2066
LFlemingLPC@hipaamail.us
Licensed professional counselor who works with
adolescents (14+), adults, and couples that may
be presenting with a variety of different
challenges such as mood disorders, grief and
loss, anxiety, ADHD, and other circumstances.

12.13.16